











International Foot & Ankle Foundation
FOR EDUCATION AND RESEARCH

Swedish Medical Center, *Cherry Hill Campus*, Seattle, Washington

500 17th Avenue, Seattle, WA 98122 - (206) 320-2000 (E Jefferson St & 17th Ave)

June 27-29, 2012 ◆ 20 CECH (11.0 RC ) - Co-Sponsor ACFAS Division 2


WEDNESDAY, JUNE 27, 2012 7.75 CECH			
07:00-07:30 pm	Registration and Check-In	Pinard Foyer	Coffee/Hot Tea/Danish
07:30-10:20 AM	Moderator Dr. Dock Dockery, IFAF Chairman of the Board		
	Treatment of Hypertrophic & Keloid Scars		Dr. Dock Dockery
	Popliteal Block for Foot & Ankle Surgery		Dr. Kenneth Hegewald
	What is Your Threshold for Action Regarding Pigmented Lesions?		Dr. Bryan Markinson
	Autogenous Bone Grafts 		Dr. Byron L. Hutchinson
	BREAK	Visit Exhibitors	Refresh Coffee/Hot Tea
10:20-1:15 PM	Moderator: Dr. Rex Z. Nilson, IFAF Board of Directors		
	Ankle Impingement Syndrome 		Dr. Gavin Ripp
	Cartilage Resurfacing of the Ankle 		Dr. Jeffrey Christensen
	Lesser Metatarsal Shortening & Zero Profile Screws 		Dr. Scott Berg
	Franciscan Foot & Ankle Institute Awards		Dr. Byron L. Hutchinson
12:15-1:15 PM	Lunch & Learn: Foot & Ankle Imaging  Partially sponsored by Radia, Inc, PS.		Dr. Dawn Hastreiter
1:15-5:30 PM	Moderator: Dr. Byron L. Hutchinson, IFAF Board of Directors		
	Vascular Trauma Around The Knee And Ankle		Dr. Kaj Johansen
	Syme's Amputation 		Dr. David Wood
	How to Prepare for the 3 rd and 4 th Decades of Practice		Dr. Charles Chu
	BREAK	Visit Exhibitors	Refresh Coffee/Hot Tea
	The Postural Zones of Foot Function 		Dr. Edward S. Glaser
	Neutral Position vs. MASS Posture		Dr. Edward S. Glaser
	Orthotic Technology		Dr. Edward S. Glaser












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THURSDAY, JUNE 28, 2012		
7.75 CECH		
07:00-07:30 pm	Registration and Check-In	Pinard Foyer Coffee/Hot Tea/Danish
07:30-10:20 AM	Moderator : Dr. Cherie Johnson, IFAF Board of Directors	
	Challenges and Controversies - Part I	Dr. Bryan Markinson
	Second Metatarsal Osteotomies 	Dr. Thurmond Lanier
	Rational Use of External Fixation 	Dr. Guido LaPorta
	Hallux Limitus: Surgical Approach 	Dr. David Novicki
	BREAK Visit Exhibitors	Refresh Coffee/Hot Tea
10:20-1:15 PM	Moderator: Dr. Marc A. Kravette, IFAF Board of Directors	
	Ankle Arthrodesis 	Dr. Craig Clifford
	Challenges and Controversies - Part 2	Dr. Bryan Markinson
	DVT Prophylaxis	Dr. Francis Chan
	Medial Approach to Subtalar Joint Fusion 	Dr. Mary E. Crawford
12:15-1:15 PM	Lunch & Learn: New Standard of Care in Diabetic Foot Ulcers Partially sponsored by Advanced BioHealing	Dr. James Stavosky
1:15-5:30 PM	Moderator: Dr. Mary E. Crawford, IFAF Chair of Medical Advisors	
	Non-Unions: Classification and Treatment	Dr. David Novicki
	Biomechanics of Circular External Fixators 	Dr. Kevin McCann
	The Lapidus Bunionectomy & Long-term Results of Early Weight Bearing 	Dr. Stephen Schroeder
	BREAK Visit Exhibitors	Refresh Coffee/Hot Tea
3:30-5:40 PM	Moderator: Dr. Gerald T. Kuwada, IFAF Board of Directors	
	Supramalleolar Osteotomies 	Dr. Guido LaPorta
	Adjunct Procedures for Adult Acquired Flatfoot 	Dr. Jeffrey Robertson
	The Brave New World of Health Information Technology Partially Sponsored by ICS Software Ltd.	Dr. Michael L. Brody.



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FRIDAY, JUNE 29, 2012 4.5 CECH		
07:00-07:30 pm	Registration and Check-In	Pinard Foyer Coffee/Hot Tea/Danish
07:30-12:30 PM	Moderator: Dr. Douglas Hale: Director of Medical Education, Swedish	
	Update on Plantar Fasciitis	Dr. Douglas Hale
	Medical Cuneiform Opening Wedge for Bunion Correction	Dr. Sara Zelinskas
	Surgery of the Diabetic Foot	Dr. Guido LaPorta
	Freiberg's Infracture: Surgical Treatment	Dr. Eric Powell
	BREAK	Refresh Coffee/Hot Tea
	Orthobiologics – Dermagraft	Dr. David Novicki
	Distal Femoral Locking Plates for TTC Fusions	Dr. Sarah Shogren
	Congenital Overlapping 5 th Toes: Surgical Procedures	Dr. David Novicki
	Arthroereisis	Dr. Guido LaPorta
11:00-12:15 PM	Distribution of 20 CECH (11 Radiology CE's) Certificates **	
12:15 PM	Scheduled End of Program	
		Have a Safe Trip Home

= Radiology Credit

** (\$10.00 charge for all certificates mailed after meeting)

NOTICE: Each speaker is required to disclose the existence of any financial assistance, grant, support, or status as a consultant or speaker bureau member or any other item of value for any presentation made at this meeting.



Swedish Medical Center, Cherry Hill Campus, Seattle, Washington June 27-29 2012 ♦ 20 CECH (11.0 RC) - Co-Sponsor ACFAS Division 2

FEATURED SPEAKERS:

Dr. Michael L. Brody, DPM*

(*Sponsored by ICS Software Ltd.)

Dr. Charles Chu

Dr. Edward Glaser*

(*Sponsored by Sole Supports, Inc)

Dr. Dawn M. Hastreiter*

(Sponsored by Radia, Inc, PS)

Dr. Kaj Johansen

Dr. Guido LaPorta*

(*Sponsored by SBI)

Dr. David Novicki*

(*Sponsored by BioPro & Advance BioHealing)

Dr. Stephen Schroeder*

(*Sponsored by Integra Lifesciences)

Dr. James Stavosky*

(*Sponsored by Advanced BioHealing)

IFAF FACULTY SPEAKERS:

Dr. Scott Berg

Dr. Francis Chan

Dr. Jeffrey C. Christensen

Dr. Craig E. Clifford

Dr. Mary Elizabeth Crawford

Dr. G Dock Dockery

Dr. Douglas Hale

Dr. Kenneth Hegewald

Dr. Byron L. Hutchinson

Dr. Thurmond Lanier

Dr. Bryan Markinson**

(**Graduation Commencement Speaker)

Dr. Kevin McCann

Dr. Eric Powell

Dr. Gavin Ripp

Dr. Jeffrey Robertson

Dr. Sarah Shogren

Dr. David Wood

Dr. Sara Zelinskas

TOPICS:

The Brave New World of Health Information Technology

How to Prepare for the 3rd & 4th Decades of Practice

The Postural Zones of Foot Function

Neutral Position vs. MASS Position

New Casting Technique for Orthotics

Imaging for the Foot & Ankle Specialist

Vascular Trauma Around The Knee And Ankle

Rational Use of External Fixation

Supramalleolar Osteotomies

Surgery of the Diabetic Foot

Arthroereisis

Hallux Limitus: Surgical Approach

Non-Unions: Classification and Treatment

Orthobiologics-Dermagraft

Congenital Overlapping 5th Toes: Surgical Procedures

The Lapidus Bunionectomy: Long-term Results of Early Weightbearing

Standard of Care in Treating Diabetic Foot Ulcers

TOPICS:

Lesser Metatarsal Shortening & Zero Profile Screws

DVT Prophylaxis

Cartilage Resurfacing of the Ankle

Ankle Arthrodesis

Medial Approach to Subtalar Joint Fusion

Topical & Oral Steroids

Update on Plantar Fasciitis

Popliteal Block for Foot & Ankle Surgery

Autogenous Bone Grafts

Second Metatarsal Osteotomies

What is Your Threshold for Action Regarding Pigmented Lesions?

Challenges and Controversies - Part I

Challenges and Controversies - Part 2

Biomechanics of Circular External Fixators

Freiberg's Infracion: Surgical Treatment

Ankle Impingement Syndrome

Adjunct Procedures for Adult Acquired Flatfoot

Distal Femoral Locking Plates for TTC Fusions

Syme's Amputation

Medial Cuneiform Opening Wedge for Bunion Correction

Disclosure Policy: It is the Policy of the IFAF to insure balance, independence, objectivity, and scientific rigor in all of its sponsored educational programs. All faculty participating in this program are instructed to disclose to the program audience any real or apparent conflict of interest related to the content of their presentation. The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of the IFAF.

Scott Berg, DPM: Incoming Second Year Resident, Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, Washington.

Michael L. Brody, DPM: Board Certified in Podiatric Orthopedics, American Board of Podiatric Orthopedics and Primary Podiatric Medicine; Residency, Montrose VA Medical Center, 1987-88; Past Director, Residency Training, and Teaching Staff, Northport VA Medical Center, Northport, NY; Member, American Academy of Podiatric Practice Management; Certification Commission for Health Information Technology: Ambulatory Care Workgroup; Healthcare Information Technology Standards: Provider Prospective Technical Committee, US Technical Advisory Group to ISO CP 215; Author of multiple articles in PM News, APMA News, PICA Footlights; Private practice, Long Island Podiatry PC, Long Island, New York.

Francis Chan, DPM: Incoming Third Year Resident, Swedish Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill, Seattle, Washington.

Jeffrey C. Christensen, DPM, FACFAS: Fellow and Past Board of Directors, American College of Foot and Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Podiatric Surgery; Member, Residency Training Committee and Research Director, Swedish Podiatric Surgical Residency Program, Swedish Medical Center, Cherry Hill Campus; Past Chairman, Division of Podiatric Surgery, Department of Orthopedics, Swedish Medical Center; Past Chairman, ACFAS Surgical Skills Courses, Rosemont, IL.; Director of Research, International Foot & Ankle Foundation; Private practice, Ankle & Foot Clinic of Everett, Everett, Washington.

Charles Chu, DPM: Fellow, American College of Foot & Ankle Surgeons; Board Certified, American Board of Podiatric Surgery; Board Certified in Podiatric Orthopedics and Primary Podiatric Medicine, American Board of Podiatric Orthopedics and Primary Podiatric Medicine; Residency, Southern California Medical Center; Past President, Washington IPA; Member, Washington State Board of Health for 9 years (appointed by Govs Gary Locke and Christine Gregoire); Private practice, Ankle & Foot Specialists of Puget Sound, PS, Bellevue, Washington.

Craig E. Clifford, DPM: Graduating Third Year Resident, Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, Washington. Accepted a position at Federal Way Orthopedic Associates, Federal Way, Washington.

Mary E. Crawford, DPM, FACFAS: Fellow, Past Board of Directors and Past President (2009-2010), American College of Foot and Ankle Surgeons; Fellow, American College of Foot and Ankle Pediatrics; Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Podiatric Surgery; Past Director of Education and Residency Training and Current Surgery Instructor, Department of Education, Swedish Podiatric Surgical Residency Training Program (PM&S-36), Swedish Medical Center, Cherry Hill Campus, Seattle, WA; Selected as one of America's 175 Most Influential Podiatrists of 2006 and as Movers and Shakers: America's Most Influential Podiatrist, 2012, by Podiatry Management Magazine Editors & Advisors; 2009 George A. Sonneborn Lecturer, TUSPM, Philadelphia, PA; Temple University Alumni Fellow, 2009; Editor, *Cutaneous Disorders of the Lower Extremity*, W.B. Saunders, 1997; Author, *Color Atlas of Foot & Ankle Dermatology*, Lippincott-Raven Publishers, 1999; Author, *Lower Extremity Soft Tissue & Cutaneous Plastic Surgery, 2nd edition*, Elsevier Sciences, 2012; Faculty and Chair, Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research, Edmonds, WA; Private practice, Ankle and Foot Clinic of Everett, Everett, Washington.

Dock Dockery, DPM, FACFAS: Fellow and Past Board of Trustees, American College of Foot & Ankle Surgeons; Fellow, American Society of Podiatric Dermatology; Fellow, American College of Foot and Ankle Orthopedics and Medicine; Fellow, American College of Foot and Ankle Pediatrics; Board Certified in Foot and Ankle Surgery, American Board of Podiatric Surgery; Board Certified in Podiatric Orthopedics, American Board of Podiatric Orthopedics and Primary Podiatric Medicine; Distinguished Practitioner, Podiatric Medicine and Surgery Division, National Academies of Practice; Medical Consultant for Bako Pathology Services and Clinical Topical Solutions (CTS); Selected as one of America's 175 Most Influential Podiatrists of 2006 and as Movers and Shakers: America's Most Influential Podiatrist, 2012, by Podiatry Management Magazine Editors & Advisors; Author, *Color Atlas and Text of Forefoot Surgery*, Mosby Publishers, 1992; Author, *Cutaneous Disorders of the Lower Extremities*, W.B. Saunders Publisher, 1997; Author, *Color Atlas of Foot & Ankle Dermatology*, Lippincott-Raven, 1999; Author, *Lower Extremity Soft Tissue & Cutaneous Plastic Surgery, 2nd edition*, Elsevier Sciences, 2012; Founder, Chairman of the Board and Director of Scientific Affairs, International Foot & Ankle Foundation for Education and Research; Edmonds, Washington.

Edward S. Glaser, DPM: Member, Tennessee Podiatric Medical Association; Member, American Podiatric Medical Association; Frequent Lecturer on Biomechanics and Functional Orthotic Devices to State and Regional Medical Societies; Visiting Professor at 21 Universities including Vanderbilt, Belmont, NUHS, UT Chattanooga, and University of the Pacific; Author of The Bottom Block® Theory and Text; Director of Foot & Spine Research Institute, Lyles, Tennessee. President and Founder, Sole Supports Inc. Biomechanical Laboratory, Bon Aqua, Tennessee.

DOUGLAS HALE, DPM, FACFAS: Fellow, American College of Foot & Ankle Surgeons; Fellow, American College of Foot and Ankle Orthopedics and Medicine; Board Certified, American Board of Podiatric Surgery; Board Certified in Podiatric Orthopedics and Primary Podiatric Medicine, American Board of Podiatric Orthopedics and Primary Podiatric Medicine; Residency Director, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill Campus, Seattle, Washington; Chief of Podiatric Division, Swedish Medical Center; Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Private practice, Foot and Ankle Center of Washington, Seattle, Washington.

Dawn M. Hastreiter, MD, PhD: Bachelor of Electrical Engineering; Bachelor of Aerospace Engineering & Mechanics, University of Minnesota; Masters (S.M.) in Aeronautics and Astronautics, MIT, Cambridge; PhD in Aerospace Biomedical Engineering, MIT, Cambridge; MD, Harvard Medical School, Boston, MA; Residency, Diagnostic Radiology, with Pediatric Radiology Mini-fellowship, U of W, Seattle, 2003-2007; Fellowship, Musculoskeletal Radiology, Mallinckrodt Institute of Radiology Washington University, St. Louis, MO, 2007-2008; Assistant Medical Director of Radiology at Swedish Medical Center, Cherry Hill Campus; Radiologist, Radia, Inc. PS, Seattle, Washington.

Kenneth Hegewald, DPM: Incoming Second Year Resident, Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, Washington.



Byron L. Hutchinson, DPM, FACFAS: Fellow, American College of Foot & Ankle Surgeons; Past President and Board Certified, Foot & Ankle Surgery, American Board of Podiatric Surgery; Past Director of Education and Residency Training, Waldo Podiatric Surgical Residency Program, Seattle, WA.; Current Director of Education and Residency Training (PM&S-36), Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, WA.; Faculty, American College of Foot & Ankle Surgery Instructional Courses, Orthopedic Learning Center, Chicago, IL.; Editorial Advisor, Ankle Surgery, Foot & Ankle Quarterly; Author of several chapters in medical textbooks and articles in peer reviewed scientific journals; Board of Directors, The Waldo Medical Foundation; Faculty and Board of Directors, International Foot & Ankle Foundation; Private practice, Highline Foot & Ankle Clinic, Seattle, Washington.

Kaj Johansen, MD, PhD, FACS: Fellow, American College of Surgeons; Distinguished Fellow, Society of Vascular Surgery; PhD, Physiology and Pharmacology; Board Certified, General Surgery, and Board Certified, Vascular Surgery, American Board of Surgery; Clinical Professor of Surgery, University of WA School of Medicine; Medical Director, Vascular Surgery, Swedish Medical Center; Author of over 140 scientific papers and 40 book chapters; Author: Johansen K, Heimbach DM: So You Want To Be A Surgeon: A Medical Student's Online Guide to Finding and Matching with the Best Possible Surgical Residency (available: <http://www.facs.org/residencysearch/contents.html>); Invited Guest Speaker, International Foot & Ankle Foundation; Practice, Radia Vascular Institute of the Northwest, Seattle, Washington.

Thurmond Lanier, DPM, MBA: Graduating Third Year Resident, Swedish Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill, Seattle, Washington. Dr. Lanier has accepted a position at First Care Medical Clinics, Charlotte, North Carolina.

Guido LaPorta, DPM, FACFAS: Fellow, American College of Foot and Ankle Surgeons; Fellow, American College of Foot and Ankle Orthopedics and Medicine; Fellow, American College of Podiatric Medicine; Certified Wound Care Specialist; Member: American Diabetes Association, American College of Forensic Medicine, Pennsylvania Podiatric Medical Association, and American Podiatric Medical Association; Board Certified in Foot and Ankle Surgery, American Board of Podiatric Surgery; Board Certified in Podiatric Orthopedics, American Board of Podiatric Orthopedics and Primary Podiatric Medicine; Visiting Clinical Professor: TUSPM, NYCPM, COPM Des Moines, OCPM and BSPM; President, PA Foot and Ankle Society; Chief, Foot and Ankle Surgery, Community Medical Center (Scranton); Director, Podiatric Medical Education, Community Medical Center and Lourdes Hospital (Binghamton); Author of numerous scientific and medical articles; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research; Director, Northeast Regional Foot and Ankle Institute, Dalton, Pennsylvania.

Bryan C. Markinson, DPM, FASPD: Assistant Professor of Orthopedic Surgery and Dermatologic Surgery; Chief, Podiatric Medicine and Surgery, Mount Sinai School of Medicine, New York City. Past President and Fellow, American Society of Podiatric Dermatology; Board Certified, American Board of Podiatric Orthopedics and Primary Podiatric Medicine; Board of Trustees, Council for Nail Disorders; Former Fellow, Division of Dermatopathology, University of Medicine and Dentistry of New Jersey; Medical Consultant for Bako Pathology Services and Clinical Topical Solutions (CTS); Selected as one of America's 175 Most Influential Podiatrists of 2006 and as Movers and Shakers: America's Most Influential Podiatrist, 2012, by Podiatry Management Magazine Editors & Advisors; Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Adjunct Professor, Division of Medical Sciences, New York College of Podiatric Medicine, New York, NY.

David C. Novicki, DPM, FACFAS: Fellow and Past President, American College of Foot & Ankle Surgeons; Fellow, Branford College-Yale University; Board Certified in Foot and Ankle Surgery and Past President, American Board of Podiatric Surgery; 2-year residency, Parkview-Metropolitan Program, Philadelphia, PA; Clinical Assistant Professor of Surgery, Yale University School of Medicine, Department of Orthopaedics & Rehabilitation, Section of Podiatric Surgery; Chairman, Board of Visitors "Trustees", Temple University School of Podiatric Medicine; Past President, Connecticut Podiatric Medical Association; Member, American Podiatric Medical Association; Internationally Known Speaker and Author; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research; Private practice, Milford Podiatry Association, PC, at New Haven Foot Surgeons, Milford, Connecticut.

Kevin M. McCann, DPM, MHA: Graduating Third Year Resident, Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, Washington. Accepted a position at St Cloud Orthopedics in St. Cloud, Minnesota.

Eric Powell, DPM: Incoming Third Year Surgical Resident, Swedish Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill, Seattle, Washington.

Gavin Ripp, DPM: Incoming, Second Year Resident, Swedish Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill, Seattle, Washington.

Jeffrey Robertson, DPM: Graduating Third Year Surgical Resident, Swedish Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill, Seattle, Washington.

Stephen Schroeder, DPM, FACFAS: Fellow, American College of Foot and Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Podiatric Surgery; Chief of Podiatric Surgery, Southwest WA Medical Center; Invited Guest Speaker, International Foot & Ankle Foundation; Private practice, the Vancouver Clinic, Vancouver, Washington.

Sarah Shogren, DPM: Incoming Third Year Resident, Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, Washington.

James W. Stavosky, DPM, CWS, FAPWCA: Certified Wound Care Specialist, American Association of Wound Care Specialists; Fellow, American Professional Wound Care Association; Fellow, American College of Foot and Ankle Orthopedics and Medicine; Fellow, American College of Podiatric Radiology; Fellow, American Society of Podiatric Surgeons; Board Certified and Board of Directors, American Board of Podiatric Orthopedics and Primary Podiatric Medicine; Board Certified, American Board of Podiatric Surgery; Residency Director, St. Mary's Medical Center (PM&S-36), San Francisco; Chief, Podiatric Surgery, Seton Medical Center, Daly City; Staff, San Francisco Center for Advanced Wound Care; President, California School of Podiatric Medicine Alumni and Associates; Speaker Bureau, Advanced BioHealing (Dermagraft); Private practice, Daly City Podiatry, Daly City, California.

David Wood, DPM: Incoming, Second Year Resident, Swedish Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill, Seattle, Washington.

Sara Zelinskas, DPM: Incoming Third Year Resident, Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, Washington.

