



International Foot & Ankle Foundation
FOR EDUCATION AND RESEARCH

ATTENDEE COPY-as of FEB 13

SONOMA SCIENTIFIC PROGRAM

HYATT REGENCY Sonoma Hotel – May 14-16, 2020 up to 20 CECH

(11 Radiology Credits: ▲ & 1 Ethics + 1 Opioid Awareness Credit)

Thursday 14 May 2020 up to 9.0 Continuing Education Contact Hours

07:00-08:00 am	Continental Breakfast & Coffee: Paid Attendees Only	Dry Creek Valley Patio
07:30-08:00 am	Registration-	Dry Creek Valley Foyer
08:00am-12:00 pm	Dr. Dock Dockery, Moderator - (up to 4.0 CECH)	Dry Creek Valley Ballroom
	Pediatric Dermatology Introduction & Review of Schedule Scarf Bunionectomy: The Good, The Bad and The Ugly ▲ Complications of Foot & Ankle Surgery: Non-unions ▲	Dr. Dock Dockery Dr. Dock Dockery Dr. Stephen Mariash Dr. Daniel Hatch
10:00-10:30 am	Break: Paid Attendees Only	Dry Creek Valley Patio
	Talectomy with Tibial-Calcaneal Fusion ▲ How Far Can You Push a Distal Osteotomy for HAV? ▲ How the Standard of Care Leaves Athletes Behind ▲	Dr. Guido LaPorta Dr. John M. Schuberth Dr. Christopher Segler
12:15-1:00 pm	Lunch – Name Badge Required	Dry Creek Valley Foyer
1:00-6:30 pm	Dr. Mary E. Crawford, Moderator (up to 5.0 CECH)	Dry Creek Valley Ballroom
	The Opioid Crisis Challenges of Obesity in Foot & Ankle Practice ▲ Injured Youth: The Trouble with Travel League Sports ▲	Dr. Mary Crawford Dr. Jeffrey Christensen Dr. Jason Miller
3:15-3:45 pm	Break (Visit Exhibitors): Paid Attendees Open Discussions & Wine Tasting	Dry Creek Valley Foyer
	The Spectrum of Posterior Heel Pathology ▲ Posterior Impingement Syndrome: Diagnosis & Treatment ▲ HAV Complications ▲ A Closer Look at Midfoot Fusions ▲	Dr. John M. Schuberth Dr. Stephen Schroeder Dr. Daniel Hatch Dr. Thomas Chang
6:30 pm	See You Tomorrow	Have a Fun Evening

Friday 15 May 2020 up to 5.5 Continuing Education Contact Hours

07:00-08:00 am	Continental Breakfast & Coffee: Paid Attendees Only	Dry Creek Valley Patio
07:30-08:00 am	Registration-Sign-In: Visit Exhibitors	Dry Creek Valley Foyer
08:00 am-1:30 pm	Dr. Daniel Hatch, Moderator - (up to 5.5 CECH)	Dry Creek Valley Ballroom
	Integrative Organic Considerations for Venous Disease The Achille’s Heel: Surgical Complications ▲ Practical Approach to OCD Lesions of the Talus ▲ Transmetatarsal Amputations ▲	Dr. Alan Discont Dr. Jason Miller Dr. John M. Schuberth Dr. Stephen Mariash
10:00-10:30 am	Break - Visit Exhibitors: Paid Attendees Only	Dry Creek Valley Patio
	Medical Ethics Potential Complications of Returning Athletes Back to Activity After Injury ▲ Understanding Ankle Arthritis ▲ Case Presentations: Some Good – Some Bad! ▲	Dr. Mary E. Crawford Dr. Christopher Segler Dr. Jeffrey Christensen Dr. Guido LaPorta
1:30 pm	Afternoon Free for Sightseeing or Winery Tour and Wine Tasting	On Your Own

Saturday 16 May 2020 up to 5.5 Continuing Education Contact Hours

07:00-08:00 am	Continental Breakfast & Coffee: Paid Attendees Only	Dry Creek Valley Patio
07:30-08:00 am	Registration-Sign-In: Visit Exhibitors	Dry Creek Valley Foyer
08:00-1:30 pm	Dr. Stephen Mariash, Moderator - (up to 5.5 CECH)	Dry Creek Valley Ballroom
	Postoperative Nausea & Vomiting-Update Plastic Surgery Techniques for Wound Closure Peroneal Tendon Pathology Don’t Shoot Yourself in the Foot: Ballistic Trauma ▲	Dr. Stephen Mariash Dr. Mary E. Crawford Dr. Stephen Schroeder Dr. Jason Miller
10:00-10:30 am	Break - Visit Exhibitors: Paid Attendees Only	Dry Creek Valley Patio
	Vitamin D Deficiency ▲ Integrative Organic Considerations for Osteopenia/Osteoporosis ▲ Iatrogenic Forefoot Deformities ▲ Biomechanics of Calcaneal Osteotomies ▲	Dr. Daniel Hatch Dr. Alan Discont Dr. Thomas Chang Dr. Jeffrey Christensen
1:30 pm	Scheduled End of Program	Have a Safe Trip Home



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SPEAKERS and TOPICS:

- Thomas J. Chang, DPM:** A Closer Look at Midfoot Fusions ▲
Iatrogenic Forefoot Deformities ▲
- Jeffrey C. Christensen, DPM:** Challenges of Obesity in Foot & Ankle Practice ▲
Understanding Ankle Arthritis ▲
Biomechanics of Calcaneal Osteotomies ▲
- Mary E. Crawford, DPM:** The Opioid Crisis
Medical Ethics
Plastic Surgery Techniques for Wound Closure
- Alan Discont, DPM:** Integrative Organic Considerations for Venous Disease
Integrative Organic Considerations for Osteopenia/Osteoporosis ▲
- Dock Dockery, DPM:** Introduction & Review of Schedule
Pediatric Dermatology
- Daniel J. Hatch, DPM:** Complications of Foot & Ankle Surgery: Non-unions ▲
HAV Complications ▲
Vitamin D Deficiency ▲
- Guido LaPorta, DPM:** Talcotomy with Tibial-Calcaneal Fusion ▲
Case Presentations: Some Good – Some Bad! ▲
- Stephen Mariash, DPM:** Scarf Bunionectomy: The Good, The Bad and The Ugly ▲
Transmetatarsal Amputations ▲
Postoperative Nausea & Vomiting-Update
- Jason Miller, DPM:** Injured Youth: The Trouble with Travel League Sports ▲
The Achille’s Heel: Surgical Complications ▲
Don’t Shoot Yourself in the Foot: Ballistic Trauma ▲
- Stephen Schroeder, DPM:** Posterior Impingement Syndrome: Diagnosis & Treatment ▲
Peroneal Tendon Pathology
- John M. Schuberth, DPM:** How Far Can You Push a Distal Osteotomy for HAV? ▲
The Spectrum of Posterior Heel Pathology ▲
Practical Approach to OCD Lesions of the Talus ▲
- Christopher Segler, DPM:** How the Standard of Care Leaves Athletes Behind
Potential Complications of Returning Athletes Back to Activity ▲

***NOTICE:** Each speaker is *required* to disclose the existence of any financial assistance, grant, support, or status as a consultant or speaker bureau member or any other item of value for any presentation made at this meeting.



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GOALS & OBJECTIVES:

The attending practitioner should be able to have a better understanding of multiple topics and subjects discussed during the 20 hours of continuing medical education classes with improvement in current knowledge and applications of treatment techniques for conditions involving the lower extremities.

- **To better understand current treatment options for the management of midfoot deformities and surgical fusions.**
- **To improve the recognition of iatrogenic forefoot complications and to review the current recommendations for treatments of these conditions.**
- **To review current trends and understanding the challenges of obesity in foot and ankle practice and the role of vitamin D deficiency.**
- **To learn specific techniques for recognition, evaluation and management, including current medical and surgical treatment of non-unions.**
- **To provide additional understanding of the role of ankle arthritis and techniques for improved outcomes in transmetatarsal amputations.**
- **To better understand current treatment options and recommendation for fusions of the first ray and the current evidence based medicine regarding treatments of infections.**
- **To review current thoughts on the biomechanics of calcaneal osteotomies and practical approaches to OCD lesions of the talus.**
- **To learn updated information regarding the opioid crisis and the practice of medicine ethics today.**
- **To review and better understand a variety of plastic surgery techniques for wound closure.**
- **To compare the advantages of a current bunionectomy procedures and better understand hallux valgus complications.**
- **To explore diverse topics presented by medical professionals in specialized areas of podiatric medicine and surgery, dermatology and diagnostic imaging.**

CREENTIALS OF SPEAKERS

Thomas J. Chang, DPM, FACFAS: Fellow, American College of Foot and Ankle Surgeons; Board Certified, Foot and Ankle Surgery, American Board of Foot and Ankle Surgery; Residency (1990-1993), Emory/Northlake Regional Medical Center, Atlanta, GA; Clinical Professor and Past Chairman of the Department of Podiatric Surgery, California College of Podiatric Medicine, San Francisco, Past Chief of Podiatric Surgery, UCFA/Mt. Zion Medical Center; Author: Master Techniques in Podiatric Surgery: The Foot and Ankle, Lippincott Williams & Wilkins, 2005; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research; Practice, Redwood Orthopedic Surgery Associates, Santa Rosa, California.

Jeffrey C. Christensen, DPM, FACFAS: Fellow and Past Board of Directors, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Member, Residency Training Committee and Research Director, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill Campus, Seattle, Center, Providence Campus; Past Chairman, ACFAS Surgical Skills Courses, Rosemont, IL.; Co-Chairman, IFAF Ankle Arthroscopy Course; Faculty & Director of Research, International Foot & Ankle Foundation for Education and Research, Everett, WA; Private practice, Ankle & Foot Clinic of Everett, Everett, Washington.

Mary E. Crawford, DPM, FACFAS: Past Board of Directors and Past President (2009-2010), and Fellow, American College of Foot and Ankle Surgeons; Fellow, American College of Foot and Ankle Pediatrics; Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery; Past Director of Education and Residency Training and Current Surgery Instructor, Department of Education, Swedish Podiatric Surgical Residency Training Program (PM&S-36), Swedish Medical Center, Cherry Hill Campus, Seattle, WA; Selected as one of America's 175 Most Influential Podiatrists of 2006 and as Movers and Shakers: America's Most Influential Podiatrist of 2012, and Top Podiatrists of 2017, by Podiatry Management Magazine Editors & Advisors; Selected as the 2009 George A. Sonneborn Lecturer, Temple University School of Podiatric Medicine, Philadelphia, PA; Alumni Fellow, Temple University, 2009; Editor, *Cutaneous Disorders of the Lower Extremity*, W.B. Saunders, 1997; Author, *Color Atlas of Foot & Ankle Dermatology*, Lippincott-Raven Publishers, 1999; Author, *Lower Extremity Soft Tissue & Cutaneous Plastic Surgery, 2nd edition*, Elsevier Sciences, 2012; Faculty, Board of Directors, American Academy of Foot and Ankle Osteosynthesis (AAFAO); IFAF Outstanding Teacher Award, 2017; Faculty, Board of Directors and Chair, Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research, Everett, WA; Private practice, Ankle and Foot Clinic of Everett, Everett, Washington.

Alan J. Discont, DPM, FACFAS: Fellow American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Residency, Mesa General Hospital, 1982-1984; Past Director of Residency Training, California College of Podiatric Medicine-Arizona Surgical Program; Adjunct Professor, AzCPM, CCPM, OCPM; Immediate Past President, Arizona Podiatric Medical Association; Member and Invited Guest Speaker International Foot & Ankle Foundation for Education and Research; Private practice, Family Foot & Ankle Care, PC, Chandler, Arizona.

Dock Dockery, DPM, FACFAS: Graduated from the Kent State University College of Podiatric Medicine, Cleveland, Ohio, as Valedictorian; Surgical Residency, Foot & Ankle, Waldo Podiatric Surgical Residency Program, Seattle; Fellow and Past Board of Directors, American College of Foot & Ankle Surgeons; Fellow, American Society of Foot and Ankle Dermatology; Fellow, American College of Foot and Ankle Orthopedics and Medicine; Fellow, American College of Foot and Ankle Pediatrics; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified in Podiatric Orthopedics, American Board of Podiatric Medicine; Distinguished Practitioner, Podiatric Medicine and Surgery Division, National Academies of Practice; Awarded the Distinguished Service Award, ACFAS, 2008; Recipient of the Lifetime Achievement Award, WSPMA, 2009; Voted: "One of America's 175 Most Influential Podiatrist" of 2006 and as "Movers and Shakers: America's Most Influential Podiatrists", 2012 and voted Top Podiatrist of 2017, by Podiatry Management Magazine Editors & Advisors; Author of over 151 scientific and medical articles and chapters; Author, *Color Atlas and Text of Forefoot Surgery*, Mosby Publishers, 1992; Author, *Cutaneous Disorders of the Lower Extremities*, W.B. Saunders Publisher, 1997; Author, *Color Atlas of Foot & Ankle Dermatology*, Lippincott-Raven, 1999; Author, *Lower Extremity Soft Tissue & Cutaneous Plastic Surgery*, Elsevier Science, 2006, and *Lower Extremity Soft Tissue & Cutaneous Plastic Surgery, 2nd Edition*, Elsevier Science, 2012; International Lecturer; Editor-in-Chief, Foot and Ankle Online Journal (www.faoj.org); Founder, Chairman of the Board and Director of Scientific Affairs, International Foot & Ankle Foundation for Education and Research; Everett, Washington.

Daniel J. Hatch, DPM, FACFAS: Fellow and Past President and Past Board of Directors, American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified American Board of Podiatric Medicine; Past Director of Residency Training and current Director of Surgical Training, North Colorado Medical Center; Section Editor, Rearfoot/Ankle: Journal of Foot and Ankle Surgery; Faculty, American Academy of Foot and Ankle Osteosynthesis (AAFAO); Instructor, IFAF Ankle Arthroscopy Courses; Faculty and Board of Directors, International Foot & Ankle Foundation for Education and Research; Private practice, Foot & Ankle Center of Northern Colorado, PC, Greeley, Colorado.

CREDENTIALS OF SPEAKERS

Guido LaPorta, DPM, MS, FACFAS: Fellow, American College of Foot and Ankle Surgeons; Fellow, American College of Foot and Ankle Orthopedics and Medicine; Fellow, American College of Podiatric Medicine; Certified Woundcare Specialists; Member: American Diabetes Association, American College of Forensic Medicine, Pennsylvania Podiatric Medical Association, and American Podiatric Medical Association; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified in Podiatric Orthopedics, American Board of Podiatric Medicine; Professor of Surgery, Geisinger-Commonwealth Medical School; Clinical Professor: TUSPM, NYCPM, COPM Des Moines, OCPM and BSPM; President, PA Foot and Ankle Society; Chief, Foot and Ankle Surgery, Community Medical Center (Scranton); Director, Podiatric Medical Education, Geisinger Community Medical Center and Lourdes Hospital (Binghamton); Distinguished Practitioner, Podiatric Medicine and Surgery Division, National Academies of Practice; Author of numerous scientific and medical articles; Selected as one of America's 175 Most Influential Podiatrists of 2006 and as Movers and Shakers: America's Most Influential Podiatrist, 2012, and Top DPMs, 2017, by Podiatry Management Magazine Editors & Advisors; Invited Faculty, SLESS, International Foot & Ankle Foundation for Education and Research; Director, Northeast Regional Foot and Ankle Institute, Dalton, Pennsylvania; Private Practice, LaPorta & Associates, Dunmore, Pennsylvania.

Stephen Mariash, DPM, FACFAS: Fellow, American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Residency, Atlanta Hospital, (PSR-36), 1988-91; Participating Instructor, Family Practice Residency Program and St. Cloud Hospital Education Committee, St. Cloud, MN; Contributing Author: Comprehensive Textbook of Hallux AbductoValgus Reconstruction (D. Marcinko, Editor); Physician Volunteer, Summer Olympic Games, Atlanta, GA, 1996; Chief of Staff, St. Cloud Surgical Center; Member, Continuing Medical Education Committee, St. Cloud Hospital; Instructor, IFAF Ankle Arthroscopy Courses; Faculty & Board of Directors, International Foot & Ankle Foundation for Education and Research; Practice: St. Cloud Orthopedic Associates, St. Cloud, MN.

Jason R. Miller, DPM, FACFAS: Foot & Ankle Surgery Residency Training (1997-2001), Temple University Hospital; Fellow, American College of Foot & Ankle Surgeons; Fellow, American Professional Wound Care Association; Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery; Associate Professor, Dept of Surgery, Temple University School of Podiatric Medicine; Adjunct Clinical Professor, Kent State University College of Podiatric Medicine; Director, Pennsylvania Intensive Lower Extremity Fellowship Program (1st Two-Year ACFAS Recognized Training Program); Chief, Section of Foot & Ankle Surgery, Northeastern Hospital/TUHS, 2004-08; Director of Podiatric Medical and Surgical Education, Temple East, Inc. 2002-06; Director of Podiatric Medical and Surgical Education, Phoenixville Hospital (PMSR/RRA), Tower Health CORE, Faculty, Bryn Mawr Hospital, PMSR/RRA; Author, several articles in peer-reviewed journals; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research; Private Practice, Premier Orthopaedic & Sports Medicine, Pennsylvania Orthopaedic Center Division, Malvern, Pennsylvania.

Stephen Schroeder, DPM, FACFAS: Fellow, American College of Foot & Ankle Surgeons; Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery; Team Physician for Portland Timbers FC and Portland Thorns FC, Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Private practice, Sports Medicine Oregon, Tigard, Oregon.

John M. Schubert, DPM: Past President, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Former Editor, Journal of Foot & Ankle Surgery; Teaching Faculty, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill, Seattle, WA.; Co-Editor-in-Chief, Foot & Ankle Specialist Journal; Author of numerous chapters in medical textbooks and articles in peer reviewed scientific journals; Course Chair, Advanced Internal Fixation Course, American Academy of Foot and Ankle Osteosynthesis (AAFAO); Chairman, IFAF Ankle Arthroscopy Courses; Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Surgical Staff, Department of Orthopaedics, Kaiser Foundation Medical Center, San Francisco, California.

Christopher P. Segler, DPM: Foot & Ankle Surgery Residency Training (PM&S-36), University of Utah, Salt Lake City, UT; Board Qualified, Forefoot, Rearfoot, Reconstructive & Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified, American Board of Podiatric Medicine; United States Patent Holder #7,097,647: Tarsal Joint Distractor; Surgical Instrument; Lecturer and Author of multiple journal and trade articles; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research; Practice: Doc On The Run Podiatry, San Francisco, California.