34th Annual

2021 LAKE TAHOE

Online Seminar Program

February 18-20
8:00am-5:00pm
(THURSDAY, FRIDAY)

8:00am-3:30pm
(SATURDAY)

PACIFIC TIME ZONE

Up to 20 CECH/10 Radiology CE
1 CE each: Opioid Awareness, Fluoroscopy, Medical Ethics

International Foot & Ankle Foundation
FOR EDUCATION AND RESEARCH
The International Foot & Ankle Foundation is a non-profit organization established in 1979, by Dr. Dock Dockery, and is dedicated to providing the highest level of continuing medical education on foot and ankle care, with emphasis on medicine, surgery and research. With scientific meetings, conferences, workshops and advanced postgraduate courses, in venues around the globe, IFAF engages foot and ankle specialists worldwide. Revenues help support the following entities:

- Swedish Podiatric Surgical Residency Program,
- Franciscan Foot and Ankle Institute's Podiatric Surgical Residency and Fellowship,
- NW Podiatric Surgical Biomechanics Research Laboratory in Seattle, Washington,
- Ankle Arthroscopy Courses,
- Seattle Lower Extremity Surgical Symposium (SLESS) – A Multidiscipline Approach to Advanced Management of Lower Extremity Problems,
- Lower Extremity Research Projects,
- Foot and Ankle Online Journal (FAQJ.Org),
- Residency Graduation for the NW Podiatric Residency Consortium
- Sponsorship of Charitable Events and supporting programs:
  – Barry University Yucatan Crippled Children Project
  – North Colorado Podiatric Surgical Residency
  – The Gerald T. Kuwada, DPM, Memorial Leadership Fund

Mission Statement
The mission of IFAF is to provide the highest level of continuing medical education worldwide on the foot and ankle, with emphasis on medicine, surgery and research. The funds generated support residency training programs to advance the next generation of foot and ankle physicians and the care they provide to the community. IFAF also delivers financial support and active participation in international medical missions to extend comprehensive foot and ankle care to those in need.

Vision Statement
The vision of IFAF is to bring every practitioner’s level of medical knowledge, comprehension, competency and application of expertise in foot and ankle care to the highest level possible, all with an emphasis on collegiality and improving patients’ lives.

IFAF has been approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine.
Welcome to the IFAF Lake Tahoe ONLINE seminar for February 2021. This will be our 34th consecutive year to host a seminar in Lake Tahoe. I am sad to say that this year it is all virtual, but you will be pleased to note that IFAF has continued to offer some of the best speakers and topics for every scientific meeting that we do.

As always, I like to invite many of our stelar panel of IFAF Faculty Members, that have proven to be well-known educators and instructors, to provide some of the cutting-edge information on topics in biomechanics, dermatopathology, and lower extremity medicine and surgery.

For each meeting, I also like to have guest speakers that have expertise in areas of office management, practice growth, marketing and risk management to compliment the scientific program. Additionally, it is always my pleasure to invite new, up-and-coming physicians to be on the faculty and present their topics of choice. This gives IFAF attendees an opportunity to hear seasoned speakers as well as some fresh new voices. I am sure that you will agree that this is the way that we will all get the most out of our seminar education time.

It takes considerable time and effort to put together 14 different qualified speakers, presenting 33 topics, covering 20 continuing education contact hours (CECH) of education over 3 days, while trying to stay relevant and not be redundant, but I think we did an outstanding job of reaching this goal. Your attendance and final approval will verify the answer.

Please visit our web site at www.internationalfootankle.org and check out all of the upcoming events and activities hosted by IFAF. We have a very active Board of Directors and Board of Medical Advisors and we are always open to your ideas for new speakers, new topics and, ultimately, once again, new venues. I can’t wait until we can resume our resort meetings and seminars in international settings. Let’s all do our part. We’ll get there.

Sincerely,

Dock Dockery, DPM
Chairman of the Board & Director of Scientific Affairs
INSTRUCTIONS

IMPORTANT—READ THROUGH CAREFULLY

How do I access the live-streaming, virtual sessions?
All registrants will attend the seminar virtually and will have the ability to watch the seminar from home or office. You will need a high-speed internet connection and may use any device that has online capabilities (computer, laptop, tablet). PLEASE—ONLY ONE DEVICE AT A TIME—DO NOT VIEW THIS PROGRAM ON MULTIPLE DEVICES AT THE SAME TIME.

• CME ONLINE will send you a custom personalized link to the email address you provided during your IFAF Tahoe seminar registration process. This private link will connect you to the live-streaming sessions, hosted on the CME ONLINE platform. Please remember, this email will come from CME ONLINE and will have IFAF Tahoe Seminar in the subject. For any technical difficulties with your computer or connection during the meeting, email CME ONLINE Support at ifaf@cmeonline.com. If you do not receive a LINK, call 631-866-5263 (CME ONLINE).

• In advance of the meeting you will also receive an email from CME ONLINE with a link and time of a test session to ensure your experience goes as smoothly as possible. We encourage all to participate in the test session. If you do not receive this link by Wednesday, February 17th, email ifaf@cmeonline.com.

How will attendance be recorded?
• Each day of the meeting you will receive an email from CME Online to login into the session at the start time between 7:30-8:00am PDT. You will need to stay logged in for the duration of the meeting and will be asked to complete a one-question Insta-Poll of each speaker after each lecture as the meeting proceeds. This Insta-Poll acts as a “Roll-Call” and shows that you are present for the lecture. Participants will need to click on the speaker poll at least once each session to confirm that you are in attendance and receive credit for that session.

• There will also be an interactive question and answer period after each lecture, where participants can submit questions and have them answered in real-time by the speaker. We encourage you to participate in this Q&A session. Each session will be streamed live and in real time (Pacific Daylight Time). This meeting will NOT be recorded and will be shown live only once.*

• Participants can earn up to 20 CECH (including 10 Radiology, 1 Opioid Awareness, 1 Fluoroscopy, 1 Medical Ethics) for the seminar depending on what sessions are attended. Participants will need to confirm their attendance through the speaker Insta-poll after each lecture in order to receive continuing education credit.

CONTINUED ON PAGE 5
Will there be an opportunity for me to give feedback?
- At the completion of the seminar, you will receive an email with an evaluation survey from CME ONLINE. Your feedback is important to us. We ask that you take the time to fill out this evaluation. Those who complete the survey will be automatically entered into a drawing for a **FREE IFAF Seminar Tuition Certificate**—good for one year. *(Valued Up To $550!)*

How and when will I receive my CME Certificate and will I be able to access the individual lectures after the program concludes?
As with all IFAF Seminars, approximately 2 weeks following the presentation, we will send you two separate emails:

- Instructions, link, and a passcode to access your CME Certificate.* This email is titled **IFAF Seminar Certificate** and will be coming from info@internationalfootankle.org. Read and follow the instructions carefully and you should have no problem accessing and printing/saving your certificate.

- The Online Syllabus link and pass code. This syllabus will contain the lecture slides presented in PDF format. This will remain available for approximately 90 days after the conclusion of the seminar.

*This program is considered a Live Activity and is defined by CPME as “A continuing educational activity available at a certain time, on a certain date, and available only in real-time, just as if it were a CE activity held in an auditorium. Once the event has taken place, learners may no longer participate in that activity. An evaluation process will be given at the completion of the activity. Attendance verifications are mandated during the seminar.*
FACULTY

MELINDA BOWLBY, DPM, AACFAS

MARY E. CRAWFORD, DPM, FACFAS
Fellow, Past Board of Directors and Past President (2009-2010), American College of Foot and Ankle Surgeons (Ret); Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery (Ret); Past Director of Education and Residency Training and Current Surgery Instructor, Department of Education, Swedish Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill Campus, Seattle, WA (1993-2001); Selected as one of America’s 175 Most Influential Podiatrists of 2006 and as Movers and Shakers: America’s Most Influential Podiatrist of 2012, and Top Podiatrists of 2017, by Podiatry Management Magazine Editors & Advisors; Selected as the 2009 George A. Sonneborn Lecturer, Temple University School of Podiatric Medicine, Philadelphia, PA; Alumni Fellow, Temple University, 2009; Editor, Cutaneous Disorders of the Lower Extremity, W.B. Saunders, 1997; Author, Color Atlas of Foot & Ankle Dermatology, Lippincott-Raven Publishers, 1999; Author, Lower Extremity Soft Tissue & Cutaneous Plastic Surgery, 2nd edition, Elsevier Sciences, 2012; Past Faculty, Board of Directors, American Academy of Foot and Ankle Osteosynthesis (AFAAO-Ret); IFAF Outstanding Teacher Award, 2017; National and International Lecturer on Lower Extremity Medicine and Surgery; Certified Professional Dog Trainer and Founder, Crawford Canine Connection, LLC; Faculty, Board of Directors and Chair, Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research, Everett, WA.

DOCK DOCKER, DPM, FACFAS
Fellow and Past Board of Directors, American College of Foot & Ankle Surgeons; Fellow, American Society of Podiatric Dermatology; Fellow, American College of Podiatric Medicine; Fellow, American College of Foot and Ankle Pediatrics; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified in Podiatric Orthopedics, American Board of Podiatric Medicine; Distinguished Practitioner, Podiatric Medicine and Surgery Division, National Academies of Practice; Voted: “One of America’s 175 Most Influential Podiatrist” of 2006 and as “Movers and Shakers: America’s Most Influential Podiatrists”, 2012; Inducted into the Hall of Fame, Kent State University College of Podiatric Medicine, Independence, Ohio, May 2016 and voted into “Top DPMs” in 2017, by the Podiatry Management Magazine Editors & Advisors. He received the 2017 Lifetime Achievement Award, PM Magazine, Hall of Fame inductee. Author: Color Atlas and Text of Forefoot Surgery, Mosby Publishers, 1992; Author, Cutaneous Disorders of the Lower Extremities, W.B. Saunders Publisher, 1997; Author, Color Atlas of Foot & Ankle Dermatology, Lippincott-Raven, 1999; Author, Lower Extremity Soft Tissue & Cutaneous Plastic Surgery, 2nd Edition, Elsevier Science, 2012; Author of over 150 peer-reviewed journal articles and medical textbook chapters; National and International Lecturer; Editor-in-Chief, Foot and Ankle Online Journal (www.faoj.org); Chairman of the Board and Director of Scientific Affairs, International Foot & Ankle Foundation for Education and Research; Everett, Washington.

MATTY D. DOYLE, DPM, MS, AACFAS
Podiatric Surgery Residency Training (PM&S-36), Kaiser San Francisco Bay Area Foot & Ankle Residency Program (2016-2019) Fellowship, Silicon Valley Reconstructive Foot and Ankle Fellowship (2019-2020), Palo Alto Medical Foundation, Mountain View, CA; Associate, American College of Foot and Ankle Surgeons; Board Qualified, Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery; Faculty, Saint Mary’s Medical Center, San Francisco, CA; Adjunct Professor, Samuel Merritt University, Oakland, CA; Author: Early Protected Weightbearing in Patients with Ankle Fracture Open Reduction Internal Fixation and Trans-Syndesmotic Screws (Journal of Foot and Ankle Surgery); Osteochondral Fractures of the Talus. American College of Foot and Ankle Surgeons, Trauma in the Foot and Ankle E-book Chapter 9; Invited Guest Speaker, International Foot & Ankle Foundation, Everett, WA; Staff, Palo Alto Medical Foundation, Mountain View and Los Gatos, California.

LAWRENCE A. FORD, DPM, FACFAS
Podiatric Surgical Residency (1996-1999), NW Podiatric Surgical Residency Program (PSR-36), Providence Medical Center, Cherry Hill Campus, Seattle, Washington; Fellow, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Adjunct Professor, Samuel Merritt CSPM; Teaching staff, St. Mary’s Orthopedic Residency, San Francisco; Author, multiple research publications and textbook chapters, Guest Editor Clinics in Podiatric Medicine and Surgery; “The Importance of the First Ray” Volume 26, Issue 3, Pages 351-506 (July 2009); Flatfoot Surgery Chapter, McGlammy’s Textbook of Comprehensive Foot & Ankle Surgery; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research, Everett, WA; Chief of Foot & Ankle Surgery, Department of Orthopedics and Foot & Ankle Surgery, Kaiser Permanente, Oakland, California.

CONTINUED ON PAGE 7
EDWARD S. GLASER, DPM
Member, Tennessee Podiatric Medical Association; Member, American Podiatric Medical Association; Frequent Lecturer on Biomechanics and Functional Orthotic Devices to State and Regional Medical Societies; Visiting Professor at 21 Universities including Vanderbilt, Bellmont, NUHS, UT Chattanooga, and University of the Pacific; Author of The Bottom Block Theory and Text; Director of Foot & Spine Research Institute, Lyles, Tennessee. Invited Guest Speaker, International Foot & Ankle Foundation, Everett, WA; President and Founder, Sole Supports Inc. Biomechanical Laboratory, Bon Aqua, Tennessee. Disclosure: Speaker sponsored by Sole Supports.

MEAGAN M. JENNINGS, DPM, FACFAS
Graduate of Three Year Residency (2004-2007), Northwest Podiatric Surgical Residency Program (PM&S-36), Swedish Medical Center, Cherry Hill Campus, Seattle, Washington; AO Traumatology Fellowship, Prof Dr. Hans Zwipp, Dresden, Germany; Fellow, Past Board of Directors (2017-2020), American College of Foot & Ankle Surgeons; Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery; Past Chief, Foot and Ankle Surgery, El Camino Hospital; Author, 3 chapters (Arthroscopy, Calcaneal Fractures, Talus Fractures), McGlamry’s Foot & Ankle Surgery Textbook; Teaching Faculty at CCPM, American Association of Foot and Ankle Osteosynthesis (AAFAO), and ACFAS Arthroscopy Course; Associate Professor, Samuel Merritt University, Oakland, CA (2014-present); Fellowship Director, Silicon Valley Foot & Ankle Reconstructive Fellowship; Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Private practice, Palo Alto Foundation Medical Group – Camino Division, Mountain View, California.

PHONG H. LE, DPM, FACFAS
Graduate of Three-Year Residency Training (PGY-3), Cambridge Health Alliance, a Harvard Medical School Teaching Affiliate (2008-2011); Fellowship (2011-2012), Irvine Multispecialty Surgery in Sports Medicine; Fellow, American College of Foot and Ankle Surgery; Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery; Clinical Preceptor, Samuel Merritt University School of Nursing, Family Nurse Practitioner Program; Clinical Preceptor, Undergraduate Premedicine Internship, University of California, Davis; DPM Mentor, American Association of Colleges of Podiatric Medicine; Board Member at Large, California Podiatric Medical Association; Past President, Sacramento Valley Podiatric Medical Society; Member, American Podiatric Medical Association; Associate Member, American Academy of Podiatric Sports Medicine; Co-Founder and Practice, Northern California Orthopaedic Associates, Sacramento, California.

DANIEL K. LEE, DPM, PhD, FACFAS
Graduate of Three-Year Residency Training (PGY-3), LAC-USC Medical Center/Baja Project for Crippled Children; Swiss Foot & Ankle Surgery Fellowship, Zurich, Switzerland; Ilizarov Orthopaedic Surgery Fellowship, Kurgan, Siberia, Russia; NIH Biomedical Sciences Research Fellowship, Bethesda, Maryland; PhD in Biomedical Sciences; Fellow, American College of Foot and Ankle Surgeons; Board Certified, Foot/Rearfoot/Ankle Reconstruction, American Board of Foot and Ankle Surgery; Clinical Professor, California NorthState University, College of Medicine; Director, Foot & Ankle Surgery Clerkship; Past President, Sacramento Valley Podiatric Medical Society; Past Board of Directors, CPMA; Board Member and Consultant for Podiatric Medical Board of California; Board of California Department of Public Health Radiologic Certification Board; FDA Consultant for Orthopaedic and Radiologic devices; Co-Author, Total Recall: Foot & Ankle, and section editor JFAS and Reviewer JBJS; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research; Practice, The Permanente Medical Group, Kaiser Permanente South Sacramento Medical Center, Sacramento, California.

STEPHEN A. MARIASH, DPM, FACFAS
Fellow, American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Residency, Atlanta Hospital, (PSR-36), 1988-91, Atlanta, GA; Participating Instructor, Family Practice Residency Program and St. Cloud Hospital Education Committee, St. Cloud, MN; Board Certified in Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Residency, Atlanta Hospital, (PSR-36), 1988-91, Atlanta, GA; Participating Instructor, Family Practice Residency Program and St. Cloud Hospital Education Committee, St. Cloud, MN; Board Certified in Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Past President, Sacramento Valley Podiatric Medical Society; Member, Continuing Medical Education Committee, St. Cloud Hospital; Lecturer and Author; Faculty & Board of Directors, International Foot & Ankle Foundation for Education and Research; Practice: St. Cloud Orthopedic Associates, St. Cloud, Minnesota.

DANIEL J. McNEFF, BS
AA, Brigham Young University (Spanish); BS, Brigham Young University (School of Journalism), Utah; Certified Financial Planner, UC San Diego; Principal Broker, First American National Securities Corp; CEO: Pulse Jet Incorporated; Interests: Asset Protection, Tax Reduction, Malpractice, Estate Planning and Trusts; CEO, Legally Mine, Inc., Orem, Utah. Disclosure: Speaker Sponsored by Legally Mine, Inc.

CONTINUED ON PAGE 8
JEFFREY A. ROSS, DPM, MD, FACFAS
Fellow, American College of Foot & Ankle Surgeons; Fellow, American College of Sports Medicine; Fellow and Past President, American Academy of Podiatric Sports Medicine; Fellow, American Professional Wound Care Association; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Associate Professor, Baylor College of Medicine, Houston, Texas; Author and Lecturer; Invited Guest Speaker, International Foot & Ankle Foundation, Everett, WA; Private practice, Medical Center Foot Specialist, Houston, Texas. Disclosure: Speaker Sponsored by Sanara MedTech

JOCHEN T. SCHAEFER, MD
Medical Degree, Eberhard-Karls-University School of Medicine, Tübingen, Germany; Residency, (2002-2008) General Surgery, Yale University School of Medicine (New Haven, CT), Anatomic Pathology, University California San Francisco, Surgical Pathology at New York Presbyterian Hospital and Weill Medical College of Cornell University (New York, NY); Fellowship (2008-2010), Dermatopathology and Cancer Immunology, University of Virginia (Charlottesville, VA); Board Certified in Anatomic Pathology by the American Board of Pathology, Board Certified in Dermatopathology by the American Board of Pathology; Assistant Professor of Dermatology and Dermatopathology, University of Connecticut; Assistant Clinical Professor Dermatology and Dermatopathology Tufts University (Boston, Mass); Teaching Faculty, Bako Pathology (Alpharetta, GA); Author: Schaefer JT, et al.: Dynamic changes in cellular infiltrates with repeated cutaneous vaccination: a histologic and immunophenotypic analysis. J Transl Med (20):8-79, 2010. Schaefer JT. Immunological Biomarkers and Immunotherapy for Melanoma (book chapter) in: Diagnostic and Prognostic Biomarkers and Therapeutic Targets in Melanoma. Ed. Murphy, M, Springer (2012); Membership in The American Society of Dermatopathology, the College of American Pathologists and the American Academy of Dermatology; Chairman, Mentorship Committee, The American Society of Dermatopathology; Invited Guest Speaker, International Foot & Ankle Foundation for Education and Research; Director, Sagis Podiatric Pathology, Sagis, PLLC, Houston, Texas. Disclosure: Speaker Sponsored by Sagis PLLC

CHRISTOPHER P. SEGLER, DPM
Podiatric Surgery Residency Training (PM&S-36), University of Utah, Salt Lake City, UT; Board Certified, Forefoot, Rearfoot, Reconstructive & Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified, American Board of Podiatric Medicine; United States Patent Holder #7,097,647: Tarsal Joint Distractor; Surgical Instrument; Lecturer and Author of multiple journal and trade articles; Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Practice: Doc On The Run Podiatry, San Francisco, California.
### 34th Annual Lake Tahoe Online Seminar

**ALL TIMES ARE PACIFIC DAYLIGHT TIME**

20 CECH/10 Radiology Credits

**Thursday, February 18**

8:00am - 5:00pm

Up to 7.0 CECH/3.5 RC

<table>
<thead>
<tr>
<th>TIME</th>
<th>MORNING SESSION</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 - 8:15am</td>
<td>Introduction &amp; Announcements</td>
<td>Dock Dockery, DPM</td>
</tr>
<tr>
<td>8:15 - 9:00am</td>
<td>Keys to Lawsuit Prevention, Tax Reduction &amp; License Protection</td>
<td>Daniel J. McNeff, BS</td>
</tr>
<tr>
<td>9:00 - 10:00am</td>
<td>Opioid Update</td>
<td>Mary E. Crawford, DPM</td>
</tr>
<tr>
<td>10:00 - 10:30am</td>
<td>BREAK</td>
<td></td>
</tr>
<tr>
<td>10:30 - 11:10am</td>
<td>Effects of Vitamin D in Our Patient Care: Why is this Relevant?</td>
<td>Daniel K. Lee, DPM</td>
</tr>
<tr>
<td>11:50 - 12:00pm</td>
<td>Question and Answers</td>
<td></td>
</tr>
<tr>
<td>12:00 - 1:00pm</td>
<td>LUNCH</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TIME</th>
<th>AFTERNOON SESSION</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 - 1:30pm</td>
<td>Stress Response, Stress Fractures in Athletes</td>
<td>Christopher P. Segler, DPM</td>
</tr>
<tr>
<td>1:30 - 2:00pm</td>
<td>Why Do Bunionectomies Fail?</td>
<td>Matthew D. Doyle, DPM</td>
</tr>
<tr>
<td>2:00 - 2:30pm</td>
<td>Tendon Balancing in the Neurologic Foot</td>
<td>Lawrence A. Ford, DPM</td>
</tr>
<tr>
<td>2:30 - 3:00pm</td>
<td>BREAK</td>
<td></td>
</tr>
<tr>
<td>3:00 - 3:30pm</td>
<td>Single vs. Double Calcaneal Osteotomies: Stage II Flatfoot</td>
<td>Meagan M. Jennings, DPM</td>
</tr>
<tr>
<td>3:30 - 4:00pm</td>
<td>Insights on Cannabis</td>
<td>Stephen A. Mariash, DPM</td>
</tr>
<tr>
<td>4:00 - 4:30pm</td>
<td>Clinical Acumen vs. Radiology: Making the Call with Early Activity</td>
<td>Christopher P. Segler, DPM</td>
</tr>
<tr>
<td>4:30 - 5:00pm</td>
<td>Review of Cases and Questions &amp; Answers</td>
<td>Faculty</td>
</tr>
</tbody>
</table>
### 8:00am-12:00pm PACIFIC TIME ZONE / Dock Dockery, DPM, Moderator

<table>
<thead>
<tr>
<th>TIME</th>
<th>MORNING SESSION</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 - 8:40am</td>
<td>Covid Toes</td>
<td>Jochen T. Schaefer, MD</td>
</tr>
<tr>
<td>8:40 - 9:20am</td>
<td>Flatfoot Mechanics &amp; Reconstruction</td>
<td>Lawrence A. Ford, DPM</td>
</tr>
<tr>
<td>9:20 - 10:00am</td>
<td>Postural Foot Biomechanics: Improving Function – Part I</td>
<td>Edward S. Glaser, DPM</td>
</tr>
<tr>
<td>10:00 - 10:30am</td>
<td>BREAK</td>
<td></td>
</tr>
<tr>
<td>10:30 - 11:00am</td>
<td>Can I Get a “Do Over”?</td>
<td>Meagan M. Jennings, DPM</td>
</tr>
<tr>
<td>11:00 - 11:30am</td>
<td>Raynaud's in a Runner: A Case of Perpetual Misdiagnosis</td>
<td>Christopher P. Segler, DPM</td>
</tr>
<tr>
<td>11:30 - 12:00pm</td>
<td>Ankle Fusion vs. TAR: What is Our Algorithm?</td>
<td>Meagan M. Jennings, DPM</td>
</tr>
<tr>
<td>12:00 - 1:00pm</td>
<td>LUNCH</td>
<td></td>
</tr>
</tbody>
</table>

### 1:00-5:00pm PACIFIC TIME ZONE / Stephen A. Mariash, DPM, Moderator

<table>
<thead>
<tr>
<th>TIME</th>
<th>AFTERNOON SESSION</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 - 1:30pm</td>
<td>Arthroscopic Assisted Trauma</td>
<td>Matthew D. Doyle, DPM</td>
</tr>
<tr>
<td>1:30 - 2:00pm</td>
<td>Update on Posterior Malleolar Fractures</td>
<td>Melinda A. Bowby, DPM</td>
</tr>
<tr>
<td>2:00 - 2:30pm</td>
<td>Non-operative Treatment of Tibialis Posterior Dysfunction</td>
<td>Stephen A. Mariash, DPM</td>
</tr>
<tr>
<td>2:30 - 3:00pm</td>
<td>BREAK</td>
<td></td>
</tr>
<tr>
<td>3:00 - 3:30pm</td>
<td>Ankle Syndesmosis Update: Static or Dynamic?</td>
<td>Matthew D. Doyle, DPM</td>
</tr>
<tr>
<td>3:30 - 4:00pm</td>
<td>Calcaneal Fractures</td>
<td>Phong H. Le, DPM</td>
</tr>
<tr>
<td>4:00 - 4:30pm</td>
<td>A Bad Day in the Office</td>
<td>Phong H. Le, DPM</td>
</tr>
<tr>
<td>4:30 - 5:00pm</td>
<td>Review of Cases and Questions &amp; Answers</td>
<td>Faculty</td>
</tr>
</tbody>
</table>
# 34th Annual Lake Tahoe Online Seminar

**ALL TIMES ARE PACIFIC DAYLIGHT TIME**

20 CECH/10 Radiology Credits

**Saturday, February 20**

8:00am - 3:30pm

Up to 6.0 CECH/3.0 RC

## Agenda (Continued)

### 8:00am-12:00pm PACIFIC TIME ZONE/Dock Dockery, DPM, Moderator

<table>
<thead>
<tr>
<th>TIME</th>
<th>MORNING SESSION</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 - 8:40am</td>
<td>Can Stage 3 Hallux Limitus Still Run? Evaluation and Management</td>
<td>Jeffrey A. Ross, DPM, MD</td>
</tr>
<tr>
<td>8:40 - 9:20am</td>
<td>Plastic Surgery Flaps for Wound Closure</td>
<td>Mary E. Crawford, DPM</td>
</tr>
<tr>
<td>9:20 - 10:00am</td>
<td>Salvage of the Dysfunctional Forefoot</td>
<td>Lawrence A. Ford, DPM</td>
</tr>
<tr>
<td>10:00 - 10:30am</td>
<td>BREAK</td>
<td></td>
</tr>
<tr>
<td>10:30 - 11:00am</td>
<td>Bridge to Healing Matrices: A Comparative Study</td>
<td>Jeffrey A. Ross, DPM, MD</td>
</tr>
<tr>
<td>11:00 - 11:30am</td>
<td>Lower Extremity Pathology Cases</td>
<td>Jochen T. Schaefer, MD</td>
</tr>
<tr>
<td>11:30 - 12:00pm</td>
<td>Postural Foot Biomechanics: Improving Function – Part II</td>
<td>Edward S. Glaser, DPM</td>
</tr>
<tr>
<td>12:00 - 1:00pm</td>
<td>LUNCH</td>
<td></td>
</tr>
</tbody>
</table>

### 1:00-3:30pm PACIFIC TIME ZONE/Mary E. Crawford, DPM, Moderator

<table>
<thead>
<tr>
<th>TIME</th>
<th>AFTERNOON SESSION</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 - 1:30pm</td>
<td>Lesser Metatarsal Osteotomies</td>
<td>Stephen A. Mariash, DPM</td>
</tr>
<tr>
<td>1:30 - 2:00pm</td>
<td>Alcohol Disorders &amp; Bone Healing</td>
<td>Melinda A. Bowlby, DPM</td>
</tr>
<tr>
<td>2:00 - 2:30pm</td>
<td>Pediatric Dermatitis</td>
<td>Dock Dockery, DPM</td>
</tr>
<tr>
<td>2:30 - 3:30pm</td>
<td>Medical Ethics Review</td>
<td>Mary E. Crawford, DPM</td>
</tr>
<tr>
<td>3:30pm</td>
<td>END OF MEETING</td>
<td></td>
</tr>
</tbody>
</table>
GOALS & OBJECTIVES

The attending practitioner should be able to have a better understanding of multiple topics and subjects discussed during the 20 hours of continuing medical education classes with improvement in current knowledge and applications of treatment techniques for conditions involving the lower extremities.

• To acquire a better appreciation for the spectrum of dermatological conditions and their various clinical manifestations.

• To better understand current treatment options for the management of stress response, stress fractures in athletes and the comparison of current treatment options.

• To improve the recognition of the effects of Vitamin D and to review the current recommendations for treatments of these conditions.

• To review current trends and treatment protocols for conditions requiring tendon balancing in the neurologic foot.

• To better understand the classifications and current recommendations of management of failed bunion surgical procedures.

• To learn specific techniques for recognition, evaluation and management, including current medical and surgical treatment of stage II flatfoot condition.

• To provide additional understanding of current cannabis products and options for the management of these compounds.

• To better understand posterior tibial tendon injuries in to review current preoperative evaluations and treatment options in today’s medical practice.

• To learn updated information regarding the opioid crisis and how it affects medical practice.

• To review, evaluate and manage stage 3 hallux limitus in runners.

• To discuss and compare the alternative plastic skin flaps that are useful in closures of lower extremity wounds.

• To look at available information and the presentation of a variety of skin conditions associated with the condition of Covid Toes.

• To explore diverse topics presented by medical professionals in specialized areas of podiatric medicine and surgery, dermatology and diagnostic imaging.
Sagis is an entirely physician-lead sub-specialty pathology group supported by a CAP-accredited histology lab located in the heart of Houston, Texas. Lead by a team of board-certified pathologists, our lab is at the forefront of diagnostic science.

Offering the highest quality services, including Podiatric Pathology to physicians, physician groups, ambulatory surgery centers and hospitals. We develop strong collaborative relationships with each of our referring physicians by offering accurate, prompt, and clear diagnoses in a personal and customized manner.

Legally Mine is an asset protection and tax strategy group. The mission of Legally Mine is to empower members of the healthcare and business communities with the knowledge and tools to protect their assets from lawsuits, build professional license safeguards into their legal structures and legitimately reduce their tax liability.

Sole Supports—True 100% Custom Calibrated Orthotic. “We Make People Better.” Recognizing healthy functional feet are the foundation for healthy bodies and active lives.
Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Council for Podiatric Medical Education (CPME) through the joint providership of the International Foot & Ankle Foundation for Education and Research, Everett, Washington.

Course Director and Chairman
Dock Dockery, DPM, FACFAS, Scientific Director and Chairman of the Board, International Foot & Ankle Foundation for Education and Research, Everett, Washington.

Medical Advisors Director
Mary Elizabeth Crawford, DPM, FACFAS, Faculty, Board of Directors and Chair, Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Everett, Washington.

Administration and Marketing Director
Tresha Carter, Director of Administration and Marketing, International Foot & Ankle Foundation for Education and Research, Everett, Washington.

Schedule and Faculty Changes
Factors beyond our control sometimes necessitate changes in the schedule and faculty. If time permits, we will inform all registrants of any changes prior to the program. Changes on the day of the meeting due to speaker or topic changes will be announced as soon as possible. All lectures will be presented live by speakers and will not be pre-recorded. The IFAF Staff are fully in charge of the itineraries and have the authority to change or cancel all activities without notice.

Course Cancellation by Provider
We reserve the right to cancel a lecture or bank of lectures for any reason. In such case, all attempts will be made to replace or add additional scientific material equivalent in continuing education contact hours. IFAF will not be responsible for any WiFi or computer issues attendees or speakers may incur.

Additional Meeting Information
• While we strive for accuracy at all times with our published information, we cannot be responsible for typographical and other errors in time or topic descriptions or for any changes from faculty members.

• An attempt will be made to answer all questions presented by attendees; however, time restraints and the volume of questions may not permit all questions to be answered during the program.

• Becoming a Member of IFAF provides you with several benefits, including reduced tuition to many IFAF Scientific Programs, recognition as a professional member and you can join with foot and ankle professionals from around the world, working together to advance education, technology and research in lower extremity medicine and surgery.

Consider becoming a member: www.internationalfootankle.org
UPCOMING 2021 SEMINARS

4th Annual SLESS
March 18-20, 2021
Seattle Lower Extremity Surgical Symposium
Virtual Webinar

Ankle Arthroscopy Course—Denver
April 23-24, 2021
Gemini Mountain Medical

5th Annual Sonoma Seminar
May 13-15, 2021
Hyatt Regency Sonoma Wine Country Hotel, Santa Rosa, CA

43rd Annual Seattle Seminar
June 24-26, 2021
Swedish Medical Center—Cherry Hill

2021 Scotland Seminar
August 1-7, 2021
Hilton Edinburgh Carlton Hotel

Ankle Arthroscopy Course—Minneapolis
August 27-28, 2021
Gemini Mountain Medical, Mendota Heights, MN

26th Annual Las Vegas Seminar
September 23-25, 2021
The Encore at the WYNN Las Vegas

40th Annual Hawaii/Big Island Seminar
October 18-22, 2021
Hilton Waikoloa Village

Ankle Arthroscopy Course—Fremont, CA
November 19-20, 2021
Evolution Surgical

*All 2021 IFAF seminars and courses are designed to be held live on-site at the specific venues listed (excluding SLESS Lectures—which will be virtual). We hope to be able to offer you the highest level of CME with leading scientific educators at beautiful resort locations around the world. If individual state and country quarantine regulations are still being upheld as we near the meeting dates, we will move these programs to a virtual/online platform and notify all participants as soon as we become aware.