



International Foot & Ankle Foundation  
FOR EDUCATION AND RESEARCH

# IFAF Ankle Arthroscopy Course

**Gemini Mountain Medical Lab, 2060 Dodd Road, Mendota Heights, MN 55120**

## Friday, August 26, 2022

|                 |  |                        |
|-----------------|--|------------------------|
| <b>7:30 am</b>  | <b>REGISTRATION AND CONTINENTAL BREAKFAST</b>  | <b>SPEAKER</b>         |
| <b>8:00 am</b>  | <b>Welcome, Introduction and the Rules</b>   | Dockery                |
| <b>8:10 am</b>  | Overview and History of Arthroscopy  | Hatch                  |
| <b>8:20 am</b>  | Arthroscopic Instrumentation   | Mariash                |
| <b>8:45 am</b>  | Basics of Arthroscopic Technique<br>(Set Up, Portals, Pumps, Distraction, Maneuvers, Pistoning & Rotation)                               | Mariash                |
| <b>9:05 am</b>  | Arthroscopic Anatomy (Including STJ)   | Schuberth              |
| <b>9:30 am</b>  | <b><i>BREAK / TRANSITION INTO LAB ATTIRE</i></b>   |                        |
| <b>9:45 am</b>  | <b><u>Hands on Cadaver Lab 1: Mariash-Moderator</u></b><br>Portals/Triangulation/Anatomy/Foreign Body Extraction (don't put shavers out) | All Faculty            |
| <b>11:30 pm</b> | <b><i>LUNCH</i></b>  | <b><i>Provided</i></b> |
| <b>12:00 pm</b> | Soft Tissue Pathology  | Christensen            |
| <b>12:30 pm</b> | Anterior Lip Arthroplasty  | Hatch                  |
| <b>1:00 pm</b>  | Subtalar Arthroscopy   | Christensen            |
| <b>1:20 pm</b>  | Complications of Arthroscopy   | Hatch                  |
| <b>1:45 pm</b>  | <b><i>BREAK</i></b>  |                        |
| <b>2:00 pm</b>  | <b><u>Hands on Cadaver Lab 2: Hatch-Moderator</u></b><br>Soft Tissue Pathology/Anterior Lip/Subtalar Arthroscopy                         | All Faculty            |
| <b>4:00 pm</b>  | Questions & Answers  | All Faculty            |
| <b>5:00 pm</b>  | <b>Adjourn</b>   |                        |

## Saturday, August 27, 2022

|                 |   |                        |
|-----------------|---|------------------------|
| <b>7:30 am</b>  | <b><i>SIGN-IN AND CONTINENTAL BREAKFAST</i></b>   |                        |
| <b>8:00 am</b>  | Arthroscopy of OLT (include bone grafting)  | Mariash                |
| <b>8:20 am</b>  | Cartilage Replacement Techniques  | Christensen            |
| <b>8:45 am</b>  | Arthroscopic Assisted Trauma  | Schuberth              |
| <b>9:15 am</b>  | <b><i>BREAK / TRANSITION INTO LAB ATTIRE</i></b>  |                        |
| <b>9:30 am</b>  | <b><u>Hands on Cadaver Lab 3: Christensen-Moderator</u></b><br>Syndesmotom Debridement; Notchplasty technique; Microfracture and Cartilage Substitute( Lateral Dome); Transmalleolar Portal for Medial Dome with autogenous grafting (distal tibia) | All Faculty            |
| <b>11:30 pm</b> | <b><i>LUNCH</i></b>   | <b><i>Provided</i></b> |
| <b>12:00 pm</b> | Posterior Ankle Arthroscopy   | Christensen            |
| <b>12:45 pm</b> | Arthroscopic Ankle Arthrodesis (AAA)  | Schuberth              |
| <b>1:15 pm</b>  | <b><i>BREAK / TRANSITION INTO LAB ATTIRE</i></b>  |                        |
| <b>1:30 pm</b>  | <b><u>Hands on Cadaver Lab 4: Schuberth-Moderator</u></b><br>Posterior Ankle Arthroscopy; Arthroscopic Ankle Arthrodesis  | All Faculty            |
| <b>3:30 pm</b>  | Course Wrap Up/Questions and Answers/Evaluations  | All Faculty            |
| <b>4:00 pm</b>  | <b><i>ADJOURN – Have a Safe Trip Home!</i></b>  |                        |

**Dining Hall-BREAK Area**

**Auditorium-Lecture Hall**

**Skills Learning Lab**

**NOTE: No commercial interest provided financial support for this continuing education activity.**



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### **CREDENTIALS OF SPEAKERS** – August 26-27, 2022

**JEFFREY C. CHRISTENSEN, DPM, FACFAS:** Fellow and Past Board of Directors, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Member, Residency Training Committee and Research Director, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill Campus, Seattle, Washington; Chairman, Division of Foot & Ankle Surgery, Department of Orthopedics, Swedish Medical Center, Providence Campus; Past Chairman, ACFAS Surgical Skills Courses, Rosemont, IL.; Co-Chairman, IFAF Ankle Arthroscopy Course Faculty & Director of Research, International Foot & Ankle Foundation for Education and Research, Everett, WA; Private practice, Ankle & Foot Clinic of Everett, Everett, Washington.

**DOCK DOCKERY, DPM, FACFAS:** Fellow and Past Board of Directors, American College of Foot & Ankle Surgeons; Fellow, American Society of Podiatric Dermatology; Fellow, American College of Foot and Ankle Orthopedics and Medicine; Fellow, American College of Foot and Ankle Pediatrics; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified in Podiatric Orthopedics, American Board of Podiatric Medicine; Distinguished Practitioner, Podiatric Medicine and Surgery Division, National Academies of Practice; Voted: “One of America’s 175 Most Influential Podiatrist” of 2006 and as “Movers and Shakers: America’s Most Influential Podiatrists”, 2012, by Podiatry Management Magazine Editors & Advisors; Author, *Color Atlas and Text of Forefoot Surgery*, Mosby Publishers, 1992; Author, *Cutaneous Disorders of the Lower Extremities*, W.B. Saunders Publisher, 1997; Author, *Color Atlas of Foot & Ankle Dermatology*, Lippincott-Raven, 1999; Author, *Lower Extremity Soft Tissue & Cutaneous Plastic Surgery*, 2<sup>nd</sup> Edition, Elsevier Science, 2012; International Lecturer; Editor-in-Chief, Journal of the International Foot & Ankle Foundation; Chairman of the Board and Director of Scientific Affairs, International Foot & Ankle Foundation for Education and Research; Everett, Washington.

**DANIEL J. HATCH, DPM, FACFAS:** Fellow and Past President and Past Board of Directors, American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified, American Board of Podiatric Medicine; Past Director of Residency Training and Current Director of Surgical Training, North Colorado Medical Center; Section Editor, Rearfoot/Ankle: Journal of Foot and Ankle Surgery; Faculty, American Academy of Foot and Ankle Osteosynthesis (AAFAO); Lecturer and Author; Faculty and Board of Directors, International Foot & Ankle Foundation for Education and Research; Private practice, Foot & Ankle Center of Northern Colorado, PC, Greeley, Colorado.

**STEPHEN A. MARIASH, DPM, FACFAS:** Fellow, American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Residency, Atlanta Hospital, (PSR-36), 1988-91, Atlanta, GA; Participating Instructor, Family Practice Residency Program and past member, St. Cloud Hospital Education Committee, St. Cloud, MN; Contributing Author: McGlamry’s Operative Textbook of Foot and Ankle Surgery (B. Carpenter, Editor); Evidence-Based Podiatry: A Clinical Guide to Diagnosis and Management (D.E. Tower, Editor); Comprehensive Textbook of Hallux AbductoValgus Reconstruction (D. Marcinko, Editor); Physician Volunteer, Summer Olympic Games, Atlanta, GA, 1996; Past Chief of Staff, St. Cloud Surgical Center; Member, Continuing Medical Education Committee, St. Cloud Hospital; Lecturer and Author; Faculty & Board of Directors, International Foot & Ankle Foundation for Education and Research; Practice: St. Cloud Orthopedic Associates, Sartell, Minnesota.

**JOHN M. SCHUBERTH, DPM:** Past President, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Former Editor, Journal of Foot & Ankle Surgery; Teaching Faculty, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill, Seattle, WA.; Author of numerous chapters in medical textbooks and articles in peer reviewed scientific journals; Course Chair, Advanced Internal Fixation Course, American Academy of Foot and Ankle Osteosynthesis (AAFAO); Chairman, IFAF Ankle Arthroscopy Courses; Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Surgical Staff, Department of Orthopedics, Kaiser Foundation Medical Center, San Francisco, California.



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**Ankle Arthroscopy Surgery Course    Gemini Mountain Medical Surgical Skills Lab**  
August 26-27, 2022 ♦ *up to 14 CECH Continuing Education Contact Hours (up to 5 Radiology Credits)*

## **GOALS & OBJECTIVES OF PROGRAM**

The attending foot and ankle physician should be able to have a better understanding of multiple topics and subjects discussed during the 14 hours of continuing medical education classes with improvement in current knowledge and applications of treatment techniques for conditions involving the lower extremities.

- **Appreciate the history of arthroscopy and its applications for use**
- **Understand the basic arthroscopic principles and techniques.**
- **Be able to identify and manipulate arthroscopic instrumentation and maneuvers.**
- **To review current trends and recommended protocols for the surgical approach to the ankle with arthroscopic techniques.**
- **To learn and be able to apply specific arthroscopic techniques to commonly encountered ankle pathologies.**
- **To provide additional understanding of how to diagnose and treat specific conditions such as foreign bodies, talar dome cartilage injury, anterior tibial bone spurs, and soft tissue pathology.**
- **To better understand advanced techniques of arthroscopy, including arthrodesis, intra-articular bone grafting and the applications for ankle trauma.**

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[www.internationalfootankle.org](http://www.internationalfootankle.org)



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