



International Foot & Ankle Foundation
FOR EDUCATION AND RESEARCH

IFAF Ankle Arthroscopy Course

This Program is Intended for Podiatric Residents, Fellows, and Practitioners of all Levels

Summit Learning Center - 801 SW 16th Street, Ste 200, Renton, WA 98065

Friday, November 18, 2022

7:30 am	REGISTRATION AND CONTINENTAL BREAKFAST	SPEAKER
8:00 am	Welcome, Introduction and the Rules	Clifford
8:10 am	Overview and History of Arthroscopy	Clifford
8:20 am	Arthroscopic Instrumentation	Hutchinson
8:45 am	Basics of Arthroscopic Technique (Set Up, Portals, Pumps, Distraction, Maneuvers, Pistoning & Rotation)	Hutchinson
9:05 am	Arthroscopic Anatomy (Including STJ)	Schuberth
9:30 am	BREAK / TRANSITION INTO LAB ATTIRE	
9:45 am	Hands on Cadaver Lab 1: Hutchinson-Moderator Portals/Triangulation/Anatomy/Foreign Body Extraction (don't put shavers out)	All Faculty
11:30 pm	LUNCH	Provided
12:00 pm	Soft Tissue Pathology	Christensen
12:30 pm	Anterior Lip Arthroplasty	Clifford
1:00 pm	Subtalar Arthroscopy	Christensen
1:20 pm	Complications of Arthroscopy	Clifford
1:45 pm	BREAK	
2:00 pm	Hands on Cadaver Lab 2: Clifford-Moderator Soft Tissue Pathology/Anterior Lip/Subtalar Arthroscopy	All Faculty
4:00 pm	Questions & Answers	All Faculty
5:00 pm	Adjourn	

Saturday, November 19, 2022

7:30 am	SIGN-IN AND CONTINENTAL BREAKFAST	
8:00 am	Arthroscopy of OLT (include bone grafting)	Hutchinson
8:20 am	Cartilage Replacement Techniques	Christensen
8:45 am	Arthroscopic Assisted Trauma	Schuberth
9:15 am	BREAK / TRANSITION INTO LAB ATTIRE	
9:30 am	Hands on Cadaver Lab 3: Christensen-Moderator Syndesmotic Debridement; Notchplasty technique; Microfracture and Cartilage Substitute(Lateral Dome); Transmalleolar Portal for Medial Dome with autogenous grafting (distal tibia)	All Faculty
11:30 pm	LUNCH	Provided
12:00 pm	Posterior Ankle Arthroscopy	Christensen
12:45 pm	Arthroscopic Ankle Arthrodesis (AAA)	Schuberth
1:15 pm	BREAK / TRANSITION INTO LAB ATTIRE	
1:30 pm	Hands on Cadaver Lab 4: Schuberth-Moderator Posterior Ankle Arthroscopy; Arthroscopic Ankle Arthrodesis	All Faculty
3:30 pm	Course Wrap Up/Questions and Answers/Evaluations	All Faculty
4:00 pm	ADJOURN – Have a Safe Trip Home!	

Dining Hall-BREAK Area Auditorium-Lecture Hall Skills Learning Lab

IFAF is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. IFAF has approved this activity for a maximum of 14 continuing education contact hours.



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CREDENTIALS OF SPEAKERS – November 18-19, 2022

JEFFREY C. CHRISTENSEN, DPM, FACFAS: Fellow and Past Board of Directors, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Member, Residency Training Committee and Research Director, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill Campus, Seattle, Washington; Chairman, Division of Foot & Ankle Surgery, Department of Orthopedics, Swedish Medical Center, Providence Campus; Past Chairman, ACFAS Surgical Skills Courses, Rosemont, IL.; Co-Chairman, IFAF Ankle Arthroscopy Course; Faculty & Director of Research, International Foot & Ankle Foundation for Education and Research, Everett, WA; Private practice, Ankle & Foot Clinic of Everett, Everett, Washington.

CRAIG E. CLIFFORD, DPM, MHA, FACFAS, FACPM: MHA Degree, Health Care Administration, Des Moines University; Residency, Franciscan Health System, St. Francis (2009-2012), Federal Way, Washington; Fellow, American College of Foot and Ankle Surgeons; Fellow, American College of Podiatric Medicine; Board Certified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified, Podiatric Orthopedics, American Board of Podiatric Medicine; Member, American Podiatric Medical Association and Washington State Podiatric Medical Association; Attending Surgeon, Barry University's Yucatan Crippled Children Project; Editor, The Journal of the International Foot & Ankle Foundation; Residency Director, Franciscan Foot & Ankle Institute; Faculty and Board of Directors, International Foot & Ankle Foundation for Education and Research, Everett, WA; Practice, CHI Franciscan Orthopedics, St. Francis Hospital, Federal Way, Washington.

BYRON L. HUTCHINSON, DPM, FACFAS: Fellow & Past Board of Directors, American College of Foot & Ankle Surgeons; Past President and Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Past Director of Education and Residency Training, Waldo Podiatric Surgical Residency Program, Seattle, WA.; Immediate-Past Residency Director (PM&S-36), Franciscan Foot & Ankle Institute, St. Francis Hospital, Federal Way, WA.; Medical Director, CHI/Franciscan Advanced Foot & Ankle Fellowship; Board of Directors, The Waldo Medical Foundation; National & International Lecturer; Author of several chapters in medical textbooks and articles in peer reviewed scientific journals; Lead Surgeon, Yucatán Crippled Children's Project, Merida, Yucatán, Mexico; Recipient: The IFAF Dr. G Dock Dockery Special Achievement Award, 2011; Special interest in Deformity Correction, Revisional Foot & Ankle Surgery, End-stage Ankle Disease and Charcot Deformity; Faculty and Board of Directors, International Foot & Ankle Foundation for Education and Research; Employed Physician, Franciscan Foot & Ankle Specialists (Part of Franciscan Medical Group); Highline Clinic, Seattle, Washington.

JOHN M. SCHUBERTH, DPM: Past President, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Former Editor, Journal of Foot & Ankle Surgery; Teaching Faculty, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill, Seattle, WA.; Author of numerous chapters in medical textbooks and articles in peer reviewed scientific journals; Course Chair, Advanced Internal Fixation Course, American Academy of Foot and Ankle Osteosynthesis (AAFAO); Chairman, IFAF Ankle Arthroscopy Courses; Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Surgical Staff, Department of Orthopedics, Kaiser Foundation Medical Center, San Francisco, California.

Notice: Each speaker is *required* to disclose to IFAF the existence of any financial assistance, grant, support, or status as a consultant or speaker bureau member or any other item of value for any presentation made at this meeting.



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Ankle Arthroscopy Surgery Course Summit Learning Center Surgical Skills Lab
Nov 18-19, 2022 ♦ up to 14 CECH Continuing Education Contact Hours (up to 5 Radiology Credits)

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GOALS & OBJECTIVES OF PROGRAM

The attending foot and ankle physician should be able to have a better understanding of multiple topics and subjects discussed during the 14 hours of continuing medical education classes with improvement in current knowledge and applications of treatment techniques for conditions involving the lower extremities.

- Appreciate the history of arthroscopy and its applications for use.
- Understand the basic arthroscopic principles and techniques.
- Be able to identify and manipulate arthroscopic instrumentation and maneuvers.
- To review current trends and recommended protocols for the surgical approach to the ankle with arthroscopic techniques.
- To learn and be able to apply specific arthroscopic techniques to commonly encountered ankle pathologies.
- To provide additional understanding of how to diagnose and treat specific conditions such as foreign bodies, talar dome cartilage injury, anterior tibial bone spurs, and soft tissue pathology.
- To better understand advanced techniques of arthroscopy, including arthrodesis, intra-articular bone grafting and the applications for ankle trauma.

www.internationalfootankle.org



Consider becoming a Member!