



International Foot & Ankle Foundation
FOR EDUCATION AND RESEARCH

IFAF Ankle Arthroscopy Course

This Program is Intended for Podiatric Residents, Fellows, and Practitioners of all Levels

Gemini Mountain Medical Education Facility – 25 Inverness Drive E, Englewood, CO 80112

Friday, August 23, 2024

7:30 am	REGISTRATION AND CONTINENTAL BREAKFAST	SPEAKER
8:00 am	Welcome, Introduction and the Rules	Hatch
8:10 am	Overview and History of Arthroscopy	Hatch
8:20 am	Arthroscopic Instrumentation	Mariash
8:45 am	Basics of Arthroscopic Technique (Set Up, Portals, Pumps, Distraction, Maneuvers, Pistoning & Rotation)	Mariash
9:05 am	Arthroscopic Anatomy (Including STJ)	Schuberth
9:30 am	<i>BREAK / TRANSITION INTO LAB ATTIRE</i>	
9:45 am	<u>Hands on Cadaver Lab 1: Christensen-Moderator</u> Portals/Triangulation/Anatomy/Foreign Body Extraction (don't put shavers out)	All Faculty
11:30 pm	<i>LUNCH</i>	<i>Provided</i>
12:00 pm	Soft Tissue Pathology	Christensen
12:30 pm	Anterior Lip Arthroplasty	Hatch
1:00 pm	Subtalar Arthroscopy	Christensen
1:20 pm	Complications of Arthroscopy	Hatch
1:45 pm	<i>BREAK</i>	
2:00 pm	<u>Hands on Cadaver Lab 2: Schuberth-Moderator</u> Soft Tissue Pathology/Anterior Lip/Subtalar Arthroscopy	All Faculty
4:00 pm	Questions & Answers	All Faculty
5:00 pm	Adjourn	

Saturday, August 24, 2024

7:30 am	<i>SIGN-IN AND CONTINENTAL BREAKFAST</i>	
8:00 am	Arthroscopy of OLT (include bone grafting)	Mariash
8:20 am	Cartilage Replacement Techniques	Christensen
8:45 am	Arthroscopic Assisted Trauma	Schuberth
9:15 am	<i>BREAK / TRANSITION INTO LAB ATTIRE</i>	
9:30 am	<u>Hands on Cadaver Lab 3: Christensen-Moderator</u> Syndesmotom Debridement; Notchplasty technique; Microfracture and Cartilage Substitute(Lateral Dome); Transmalleolar Portal for Medial Dome with autogenous grafting (distal tibia)	All Faculty
11:30 pm	<i>LUNCH</i>	<i>Provided</i>
12:00 pm	Posterior Ankle Arthroscopy	Christensen
12:45 pm	Arthroscopic Ankle Arthrodesis (AAA)	Schuberth
1:15 pm	<i>BREAK / TRANSITION INTO LAB ATTIRE</i>	
1:30 pm	<u>Hands on Cadaver Lab 4: Schuberth-Moderator</u> Posterior Ankle Arthroscopy; Arthroscopic Ankle Arthrodesis	All Faculty
3:30 pm	Course Wrap Up/Questions and Answers/Evaluations	All Faculty
4:00 pm	<i>ADJOURN – Have a Safe Trip Home!</i>	
Dining Hall-BREAK Area	Auditorium-Lecture Hall	Skills Learning Lab

NOTE: No commercial interest provided financial support for this continuing education activity.

IFAF is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. IFAF has approved this activity for a maximum of 15 continuing education contact hours.



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CREDENTIALS OF SPEAKERS – August 23-24, 2024

JEFFREY C. CHRISTENSEN, DPM, FACFAS: Fellow and Past Board of Directors, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Member, Residency Training Committee and Research Director, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill Campus, Seattle, Center, Providence Campus; Past Chairman, ACFAS Surgical Skills Courses, Rosemont, IL.; Recipient of The Dr. G Dock Dockery Special Achievement Award, 2018; Co-Chairman, IFAF Ankle Arthroscopy Course; Faculty & Director of Research, International Foot & Ankle Foundation for Education and Research, Everett, WA; Private practice, Integrative Foot & Ankle Centers of Washington, Everett, Washington.

DANIEL J. HATCH, DPM, FACFAS: Fellow and Past President and Past Board of Directors, American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Board Certified, American Board of Podiatric Medicine; Section Editor, Adult Reconstruction: Rearfoot and Ankle, Journal of Foot and Ankle Surgery; Past Director of Residency Training and Current Director of Surgical Training, North Colorado Medical Center; Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Private practice, Foot & Ankle Center of Northern Colorado, PC, Greeley, Colorado.

STEPHEN A. MARIASH, DPM, FACFAS: Fellow, American College of Foot & Ankle Surgeons; Board Certified in Foot and Ankle Surgery, American Board of Foot & Ankle Surgery; Residency, Atlanta Hospital, (PSR-36), 1988-91; Participating Instructor, Family Practice Residency Program and St. Cloud Hospital Education Committee, St. Cloud, MN; Contributing Author: Comprehensive Textbook of Hallux AbductoValgus Reconstruction (D. Marcinko, Editor); Physician Volunteer, Summer Olympic Games, Atlanta, GA, 1996; Chief of Staff, St. Cloud Surgical Center; Member, Continuing Medical Education Committee, St. Cloud Hospital; Faculty & Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Practice: St. Cloud Orthopedic Associates, St. Cloud, Minnesota.

JOHN M. SCHUBERTH, DPM, FACFAS: Past President and Current Fellow, American College of Foot & Ankle Surgeons; Board Certified, Foot & Ankle Surgery, American Board of Foot & Ankle Surgery; Former Editor, Journal of Foot & Ankle Surgery; Teaching Faculty, Swedish Podiatric Surgical Residency Program (PSR-36), Swedish Medical Center, Cherry Hill, Seattle, WA.; Past Co-Editor-in-Chief, Foot & Ankle Specialist Journal; Author of numerous chapters in medical textbooks and articles in peer reviewed scientific journals; Past Course Chair, Advanced Internal Fixation Course, American Academy of Foot and Ankle Osteosynthesis (AAFAO); Chairman, IFAF Ankle Arthroscopy Courses; Faculty and Board of Medical Advisors, International Foot & Ankle Foundation for Education and Research; Past Surgical Staff, Department of Orthopaedics, Kaiser Foundation Medical Center, San Francisco, California.

Notice: Each speaker is *required* to disclose to IFAF the existence of any financial assistance, grant, support, or status as a consultant or speaker bureau member or any other item of value for any presentation made at this meeting.



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Ankle Arthroscopy Surgery Course

Gemini Mountain Medical Education Facility – 25 Inverness Drive E, Englewood, CO 80112
August 23-24, 2024 ♦ up to 15 CECH Continuing Education Contact Hours (up to 7 Radiology Credits)

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GOALS & OBJECTIVES OF PROGRAM

The attending foot and ankle physician should be able to have a better understanding of multiple topics and subjects discussed during the 15 hours of continuing medical education classes with improvement in current knowledge and applications of treatment techniques for conditions involving the lower extremities.

- **Appreciate the history of arthroscopy and its applications for use.**
- **Understand the basic arthroscopic principles and techniques.**
- **Be able to identify and manipulate arthroscopic instrumentation and maneuvers.**
- **To review current trends and recommended protocols for the surgical approach to the ankle with arthroscopic techniques.**
- **To learn and be able to apply specific arthroscopic techniques to commonly encountered ankle pathologies.**
- **To provide additional understanding of how to diagnose and treat specific conditions such as foreign bodies, talar dome cartilage injury, anterior tibial bone spurs, and soft tissue pathology.**
- **To better understand advanced techniques of arthroscopy, including arthrodesis, intra-articular bone grafting and the applications for ankle trauma.**



Consider becoming a Member!

www.internationalfootankle.org

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